



## Example Kit list - Camping

What to bring You will each be provided with a blue high visibility jacket to wear over the weekend which will identify you as crew. Please ensure you have adequate clothing for being outside over the duration of the weekend. The temperature can drop significantly, and rain is highly likely.

As such, please ensure you have cold weather gear, including waterproofs. This should include a large down jacket.

See below for recommended kit list:

- Smartphone with emergency numbers saved
- The smartphone app What3Words downloaded
- Hard wearing shoes/boots
- Waterproof gear
- Warm down jacket and warm hat
- Head torch (with spare batteries)
- Chargers - please note there will not be access to electricity so bring power banks
- Roll mat, sleeping bag and pillow
- Comfortable shoes for evening wear in camp
- Watch
- Hiking trousers/shorts
- Clothes to be worn before and after the race (one set will do)
- Sunglasses
- Protective hat/cap
- Sunscreen
- Thin jumper/sweater
- Mini towel
- Personal toiletries (including loo roll)
- Eating utensils – we will be providing all food in the form of dehydrated meals
- Snacks
- Camera (if you like)

Anything that might keep you entertained at checkpoints (you are likely to spend a lot of time waiting for competitors to come through), books, speakers etc.